



My Diabetes Tutor's Diabetes Education Program

Give your patients the tools they need to *thrive*.

Help your patients **gain better control of their diabetes and improve their overall health with My Diabetes Tutors' (MDT) Diabetes Education program.**

MDT's education program delivers the knowledge that **empowers patients to better control their diabetes and remain healthier**, avoiding costly and serious adverse complications. And it's proven to lower A1C, improve weight loss, manage medications, and more.

MDT's comprehensive Diabetes Self-Management Education and Support (DSMES) program is appropriate for patients with Prediabetes, Type 1, Type 2, or Gestational Diabetes, and includes:

- ✓ Topics include Preventing Complications, Healthy Eating, Device Training (Insulin Pumps and Continuous Glucose Monitors), Understanding Medications, Weight Management, and others
- ✓ 1:1 Clinical coaching with a Certified Diabetes Care and Education Specialist that provides disease state education, lifestyle support, and accountability
- ✓ Virtual sessions via computer or phone, eliminating transportation barriers
- ✓ Up to 10 sessions covered by patient's insurance
- ✓ A patient-collaborative approach personalized to each participant
- ✓ Medical Nutrition Therapy and Remote Patient Monitoring also available
- ✓ Multiple languages available for patients, including Spanish
- ✓ MDT is the only virtual diabetes education solution credentialed by Medi-Cal

Partnering with My Diabetes Tutor helps your practice:

- Extend their capabilities and expertise
- Give your patients extra support and engagement
- Reduce adverse outcomes
- Improve clinician approval ratings
- Improved HEDIS metrics

"MDT has helped me to go beyond the limitations of the traditional office visit to enrich the quality of patient engagement... directly translating to more free time, better treatment outcome, and higher satisfaction scores."

DR. MICHAEL TRAN

Learn More



Medicare and most insurance plans are accepted. Refer your patients to MDT today!

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FORM
bit.ly/MDTReferral